

# Occupational Therapy

**Occupational Therapy (OT) supports individuals in learning the skills they need in daily life.**

**With children, this involves assessing their development and working with families and schools to improve their skills through play and activities.**

An OT looks at a child's;

- *Play skills – how they develop their imaginative and social play.*
- *Fine motor – use of their hands and fingers.*
- *Gross motor—large body movements and coordination.*



- *Sensory—how children react to different senses in their environment such as touch, smell, sight, hearing, taste; and how this may affect their behaviour.*
- *Perceptual—how a child's brain interprets abstract objects; such as shapes, colours, letters and numbers. These skills are important for reading and writing.*
- *Self-help skills—Managing daily skills such as feeding, dressing and hygiene.*



If your child is having difficulty in any of these areas, they may benefit from Occupational Therapy services...

## Private OT Services

Please contact Occupational Therapy Australia at:

[www.otaus.com.au/find-an-occupational-therapist](http://www.otaus.com.au/find-an-occupational-therapist)

## Public access OT Services:

To locate your nearest Child Development Service, please refer to the following:

[ww2.health.wa.gov.au/About-us/Child-and-Adolescent-Health-Service/Child-and-Adolescent-Community-Health/Child-development-service/Contact](http://ww2.health.wa.gov.au/About-us/Child-and-Adolescent-Health-Service/Child-and-Adolescent-Community-Health/Child-development-service/Contact)

[childdevelopmentsservice@health.wa.gov.au](mailto:childdevelopmentsservice@health.wa.gov.au)

1300 551 827

## Resources and Educational Tools

### Skill Builders

[www.skillbuilders.com.au](http://www.skillbuilders.com.au)

Local supplier with a range of equipment and educational toys, supporting development of fine motor, gross motor and sensory skills. For a useful online resource visit their website.

### Noah Ark Toy Library and Resource centre

[www.natl.org.au](http://www.natl.org.au)

5 Bookham St  
MORLEY WA 6062

Toy lending library service to support development of children and families, as well as a mobile service.

### Trover Learning Toy Shop

[www.troverlearning.tsite.com.au](http://www.troverlearning.tsite.com.au)

301 Selby St N  
OSBORNE PARK WA

Wide range of toys to promote child development.

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