

# DARLING RANGE SPORTS COLLEGE HIGH PERFORMANCE PROGRAMS

# ACADEMIC CHALLENGE AND ENRICHMENT STUDIES (ACES) PROGRAM

The Academic Challenge and Enrichment Studies program caters for our academically talented students and is comprised of two linked programs: ACES for students in Years 7-10, and Primary ACES for students in Years 5 and 6. The program provides extension and enrichment opportunities in the areas of English, Maths, Science and Humanities & Social Sciences.

### Music

The Music Program is for students who learn an instrument either through the School of Instrumental Music or privately. Lessons are provided to students who are continuing their primary school instrumental studies from the SIM program and students who successfully apply as a beginner (only offered in Year 7).

# **AFL**

The Specialist AFL Program is endorsed by the WA Football Commission and is Western Australia's premier AFL program. The program is designed to fast tracks players' development along their Australian Football League pathway within the associated WAFL/AFL Club Development Programs. The program is coordinated by WAFL coach Shaun Clifford and Sandover medalist and West Perth Falcons premiership player, Aaron Black. The AFL program is very successful and includes 3 consecutive state championships. Students also have the opportunity to tour interstate.

#### **ATHLETICS**

The elite Athletics Program, coordinated by National Heptathlon Athlete, Kobi Nichols, provides opportunities for talented athletes to reach their full potential. The program provides coaching for all track and field events while developing the athlete's skills through sports science, fitness, mentoring and individual programs. Students also have the opportunity to tour interstate.

### **B**ASEBALL

The Specialist Baseball Program is endorsed by Baseball WA and Perth Heat and is coordinated by School Sport Hall of Fame inductee and National 15's Coach, Andrew Kyle, and supported by Coach, Ken McGee. The program addresses all the fundamentals of baseball and provides expert direction and coaching to maximise students' skills and abilities in line with Baseball WA's pathways. Students are also given the opportunity to tour interstate.

# **B**ASKETBALL

The elite Basketball Program is a new program for 2018 which will include skill development, fitness and game play in our state of the art sports stadium. The program has been developed in line with Basketball WA requirements of an elite basketball program and creates a clear pathway to state league teams.

# **NETBALL**

The Specialist Netball Program is the state's best netball program and is heavily endorsed by Netball WA. The program is led by Coordinator and State League Coach, Sam McShane and assisted by State League Coach, Georgie Smith. The program provides students with comprehensive skill development, fitness and game play and the opportunity to tour interstate.



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### SOCCER

The elite Soccer Program, coordinated by National Training Centre Coach, Faye Chambers, provides a unique opportunity for talented soccer players to undergo performance skills training including fitness, basic movement skills, individual skill development, group/team skills, strategies and tactics in play. The students are also have the opportunity to tour both interstate and internationally.

# **SWIMMING**

The Specialist Swimming Program, endorsed by Swimming WA and coached by Peter Gavranich, provides students with individual strength and conditioning programs, health, fitness management and skill development in the practical and theoretical aspects of swimming.

# **COLLEGE FACILITIES**

Darling Range Sports College has fabulous facilities which include:

- A 250 seat indoor stadium
- Strength and conditioning centre
- 25m indoor heated pool
- Full size AFL oval
- Seminar room
- Refurbished external netball/basketball courts

Please visit our website, <u>www.darlingrangesc.wa.edu.au</u>, for more detailed information on our specialist programs.