

# Sutherland Dianella Helping Hands



## What has been happening at Helping Hands?

We have been very busy bees here at Helping Hands, children have been enjoying a lot of sensory play, we made some Metamucil slime that smelt so yummy and is very easy to make the ingredients were 2 packets of Metamucil,  $\frac{3}{4}$  cup of water, mix and place in the microwave for 5 minutes. We have also been experimenting with playdough by adding different smells. Children have been enjoying, dodgeball, sandcastle competitions, farmer Dan, arts and crafts, board games, Lego, role playing in our Helping Hands Café, Yoga, Bird seed making.

Sustainability has been a very big topic here, children and staff have been discussing ways to help reduce, reuse and recycle. Some new routines we have implemented are switching off the lights and power points when not in use, giving our plastic bags to the Coles delivery team to recycle, lots of recycled arts and crafts, ensuring we don't let the taps run whilst we are washing our hands.



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**What is coming up at Helping Hands?**

**Tuesday 15<sup>th</sup> of August Children and staff will be walking around the school grounds to collect rubbish to help the environment.**



**REDUCE-REUSE-RECYCLE**

**This fortnights Brain Teaser!**

**If it takes six men one hour to dig six holes, how long does it take one man to dig half a hole?**