

Starting School

What to expect!

By Mrs Griffiths

The day before

- Yesterday did you talk to your parents about your first day of school? Asking questions helps us feel safe.



First in the morning

- Before school starts your parents will spend a little bit of time helping you get ready. You might do a puzzle, play blocks or look around the room.



The bell

- You will hear a siren which means it is time for your parents to leave. Give them a big cuddle and let them know you will see them again in the afternoon.



Mat time

- We will sit on the mat and make sure everybody is here. We will begin to learn some of our routines for school.



Listening

- To feel safe and have fun. try really hard to listen this will help you know what to do.



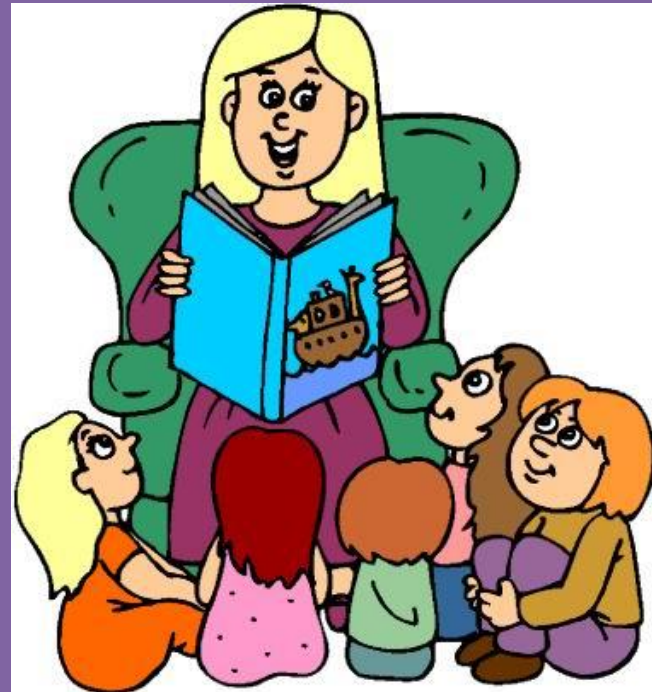
Speaking

- If you would like to share your ideas it is important you raise your hand. This tells the teacher that you have something to say. Sometimes you will need to wait to talk.



Body movement

- *On the mat sit with your hands in your lap and your legs folded. Look at the teacher when she talks.*



Rotations

- You will get to do lots of fun activities and play. We call these rotations. You will need to stay at a station with an adult. You can do the activities at your station. When the bell rings you will line up and move to the next station.



Lining up

- When you move to new places we line up. This is a quick, safe and quiet way to move.



Practise

- Don't worry if this is new. We will practise to learn these skills together.

