



## **SPECIALIST TENNIS PROGRAM**

*Approved by the Department of Education and  
Endorsed by Tennis West*

### **TENNIS TRIALS**

to be held at  
**John Forrest Secondary College**  
180 Drake Street, Morley WA 6062

**Thursday 30 March 2017 at 3.30pm**

**Year 7 Enrolment – 2018 or 2019**  
**(Applications accepted from Year 6 and 5 Students)**

#### **Students will need to:**

- **Wear appropriate sports clothing and footwear.**
- **Bring their racquet.**
- **Bring a water bottle.**

### **BACKGROUND**

This program is for students from both metropolitan and country areas who are serious about developing their tennis skills.

The John Forrest Specialist Tennis Program is the only Tennis program north of the river and is a fantastic opportunity for league and tournament players to develop their skills while attending high school. Students with a limited tennis background may also apply but need to have a genuine interest in the sport.

Students can select to try out for the “General” Tennis Program or the “A” Squad Program. The “A” Squad extends the high performance player with up to an extra six hours of tennis per week, including match play and specialised fitness training.

The program is coordinated by John Campbell (former State League Player and “Coach of the Year”).

### **COURSE DESCRIPTION**

In lower school the program includes:

- Development of advanced tennis skills and strategies.
- Stroke analysis, including video replay.
- Match play, including The Spring Valley Schools Tennis Classic.
- Tennis camps and tours.
- Fitness training and testing.
- Inter and intra school match play.
- Diet and nutrition.
- Psychological aspects.

All students will have the opportunity to attend a variety of extra tennis activities during the school year. These include for example camps, match play day and interschool competitions.

For further information about the John Forrest Secondary College Specialist Tennis Program please contact Lynn McPherson (T: 9473 4035, F: 9272 6504, E: lynn.mcpherson@education.wa.edu.au).

**Applications close Friday 24 March 2017.**





**JOHN FORREST Secondary College**  
INDEPENDENT PUBLIC SCHOOL

180 Drake Street, Morley WA 6062  
T: 9473 4000 F: 9272 6504  
E: Johnforrest.sc@education.wa.edu.au  
www.johnforrest.wa.edu.au

## SPECIALIST TENNIS PROGRAM

(Approved by the Department of Education and Endorsed by Tennis West)

**Year 7 in 2018 or 2019**

### APPLICATION FORM

(Please circle)

Surname: \_\_\_\_\_ Other Names: \_\_\_\_\_

Parent/Guardian Surname: \_\_\_\_\_ Other Names: \_\_\_\_\_

Address: \_\_\_\_\_

Post Code: \_\_\_\_\_

Parent/Guardian Email Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Male/Female: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Work: \_\_\_\_\_ Mobile: \_\_\_\_\_

Current School: \_\_\_\_\_

<i>How did you hear about this Course?</i>	<i>Primary School</i>	<input type="checkbox"/>	<i>Newspaper</i>	<input type="checkbox"/>	<i>Tennis Club</i>	<input type="checkbox"/>	<i>Tennis Coach</i>	<input type="checkbox"/>	<i>Other</i>	<input type="checkbox"/>
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Name of Tennis Club (if applicable): \_\_\_\_\_

Name of Tennis Coach (if applicable): \_\_\_\_\_

**Please enclose:**

- Copy of most recent school report.
- A written reference from your school (principal, class or physical education teacher).
- Any other supporting information (references, copies of merit awards).

**Please Note:** Do not send originals with your application as documents are not returned.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Please forward application to:**

John Forrest Secondary College  
180 Drake Street  
Morley WA 6062

**Attention** Lynn McPherson

T: 9473 4035  
F: 9272 6504  
E: lynn.mcpherson@education.wa.edu.au

